## RESTON TOWN CENTER DENTAL



## Numbness Post-Operative Instructions

The sensation of being numb after the appointment is typically the most challenging aspect for a child to understand.

- It may take 1-4 hours for the numbness to wear off.
- Avoid eating foods that require much chewing (a soft food diet is recommended).
- Monitor your child closely so that they do not bite their tongue, cheek, or lips.